



Republic of the Philippines  
**Department of Education**  
 REGION IV-A CALABARZON  
 CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

04 DEC 2020

DIVISION MEMORANDUM

No. 340 s. 2020

**PARTICIPANTS TO THE WEBINAR ON TEACHER'S MENTAL WELLNESS AND SELF-CARE**

To: OIC-Assistant Schools Division Superintendent  
 Chief Education Supervisors  
 Heads, Public Elementary and Secondary Schools  
 Heads, Unit/Section  
 All Others Concerned

1. Republic Act 11036, otherwise known as the Mental Health Act, this law aims to establish a national mental health policy directed towards improving the health of the population in schools, workplaces and communities, underscoring the basic right of Filipino to Mental Health. It also highlights the balanced delivery of mental health services.
2. Relative to the wellness program of the Department of Education Region IV CALABARZON in partnership with City Savings through the Human Resource Development Division (HRDD) will conduct a webinar on Teacher's Mental Wellness at the Frontline of Education on **December 16, 2020, 2:00 p.m. via Zoom**
4. This activity will be managed and facilitated by the City Savings through their training coordinator. The attendees to this webinar are teachers from the 21 Schools Division Offices. Please see attached number of required participants per SDOs.
5. All participants are required to pre-register online thru this link **<https://bit.ly/CBTMW20>** on or before **December 9, 2020**.
6. For clarifications and queries please e-mail **[hrd.calabarzon@deped.gov.ph](mailto:hrd.calabarzon@deped.gov.ph)** or call us at telephone no. **864-74-87 loc 460**
7. Immediate dissemination of this memorandum is desired.

For:

**ANIANO M. OGAYON, CESO V**  
 Schools Division Superintendent

By:

**MAYLANI L. GALICIA**  
 Education Program Supervisor  
 Officer-in-Charge, Office of the ASDS



Brgy. PotoI, Tayabas City



(042) 710-0329 or 797-0773



[tayabas.city@deped.gov.ph](mailto:tayabas.city@deped.gov.ph)



<https://depedtayabas.com/>



Enclosure 1

**LIST OF PARTICIPANTS**

SCHOOLS	NAME
1. DAPDAP INTEGRATED SCHOOL	ELAINE BORINES
2. FROILAN E. LOPEZ ES	GLENDA G. DILAR
3. KALUMPANG ES	VIVIAN V. CASTILLO
4. LAKAWAN ES	GLENDA CASTILLO
5. MATE ES	LORELIE RACELIS
6. NORTH PALALE ES	RACHEL ANN A. GUAÑO
7. POTOL ES	CATHERINE TELEBRICO
8. SOUTH PALALE ES	MARICEL C. CABUYAO
9. TECS	LAURICE P. DE ASIS
10. TWCS I	MARIA SOCORRO DELLORO
11. TWCS IV	JOCELYN C. ZAGALA
12. WEST PALALE NHS	ANALOU R. ENDENCIA
13. RQMNHS	MERYANN V. FLORES
14. LPIHS	SHARLENE V. BAER
15. BANHS	RAMONA GATA



Brgy. Potol, Tayabas City



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<https://depedtayabas.com/>

